

# **PRESENTATION**





HEALTH AND HYGIENE PROGRAM

The theme of health has been present since the beginning of the association in the two main programs: Education for deaf or blind children and Child welfare. But the needs identified from year to year in terms of prevention and treatment have led the organization to make it a full program and thus give it more weight in the overall strategy of Krousar Thmey. This decision should allow in the medium and long term to achieve an even more significant impact among the beneficiaries. The aim of the Health Program is to provide all children supported by the Foundation and its teams with medical follow-up, on a more regular and frequent basis: control visits, vaccinations, dental care, eyes and ears care, etc.

#### **OBJECTIVE**

To maintain and improve the health situation of the children supported by Krousar Thmey, as well as its staff, in order to accompany the beneficiaries in their lives as children, adolescents or adults.

To encourage the involvement of public medical teams in Cambodia by the establishment of new partnerships, and to strengthen the partnerships already in place.







beneficiairies treatments against hepatitis B







## **3 APPROACHES**

## **DOUCMENTATION**

- A health record for all the children of the Education and Child welfare Programs allowing personalized follow-up throughout the mentoring by Krousar Thmey. The notebook is handed to the child when leaving a structure.
- A list of basic medicines with their dosage available to the various Krousar Thmey structures for benign medical conditions.





#### **PREVENTION**

The children taken in by Krousar Thmey benefit from vaccinations, dental care and preventive consultations. In order to carry out this mission, Krousar Thmey has relays in the field in the person of health referents and mothers of family houses, staff trained in first aid, basic hygiene standards, nutrition, mental health, the risk of soilborne helminthiasis, and pest control. In 2016, much of the program's preventive action was permitted through collaboration with NGOs such as Cambodian Red Cross, Eye Movement Desensitization and Reprocessing (EMDR), Transcultural Psychological Organization (TPO), Sanofi Cambodge, Splash International, One-2-One Cambodia, and Cambodia World Family.

To conduct preventive consultations, Krousar Thmey also worked with the Provincial Office of Health to ensure that each child receives at least 1 counseling per year.

#### **TREATMENT**

When a serious illness is detected, the child or the staff member of Krousar Thmey is referred to a local or international health facility depending on the severity of the case. For example, when screening for Hepatitis B, the person is referred to the Narom Thida International Clinic in Phnom Penh. It should be remembered that health referrers, mothers of family houses and supervisors are trained in the management of benign conditions and first aid. They are instructed to refer the situation to the local health authorities as soon as this is beyond their competence.

In 2016, free care was provided to children under the age of 15, mainly by different institutions belonging to NGOs. Each structure of Krousar Thmey can count on 100% free care of all children in each of the provincial health centers on which it depends.

## MAIN ACHIEVEMENTS OF THE PROGRAM

## **VACCINE COVERAGE**

Krousar Thmey, thanks to its collaboration with the health authorities, allows vaccination of children welcomed in all the association's structures (schools, protection centers and family houses) not yet covered against: Hepatitis B, Measles, Mumps, Rubella, Poliomyelitis, Diphtheria and Tetanus. In the event that the government's vaccine stockpile is not sufficient, Krousar Thmey is planning a fund to provide Poliomyelitis and Measles, Mumps and Rubella from private institutions.

#### TREATMENT OF HEPATITIS B

All children and staff members who contracted hepatitis B received treatment: 26 children and 6 staff members were involved. In addition, although not treated by the virus, five children and four staff members had their viremia placed under the control of a hepatologist in order to observe any potential evolution of the disease and to consider need for treatment.

#### SENSITAZATION ON PRIMARY HEALTH CARE

Thanks to the intervention of Sanofi Cambodia, training sessions were conducted with the children but also with the staff of Krousar Thmey (Health referents, teachers, social workers, cooks) on as many topics as common symptoms, HIV, Sexually transmitted diseases, tuberculosis, hepatitis B, diarrhea, and the management of daily injuries (first aid and rescue).



#### **DENTAL CONSULTATIONS**

Each child supported by Krousar Thmey benefited from two dental consultations during the year, with the support of Cambodia World Family and One-2-One.



#### **EYE AND EAR CARE**

The NGO Enfants Sourds du Cambodge has carried out two missions to control the hearing of children who are deaf or hard of hearing in schools in each of the 5 schools. Together, blind and visually impaired children met once a year with an ophthalmologist seconded from the Caritas Takeo Eye Hospital.

#### **GENERAL CONSULTATIONS**

At the end of 2016, Krousar Thmey was visited by medical teams from public hospitals to examine children in all the structures of the association. In 2017, it is expected that these visits will take place 3 times a year for each child.



#### **PEST CONTROL CYCLE**

All children and staff of Krousar Thmey received Mebendazole-based treatment twice, first in May and then in November.

## TRAINING OF HEALTH REFERENTS AND PARENTS OF FAMILY HOUSES

The Health Program Coordinator conducted a two-day training session on nutrition, for the benefit of health referents and parents from Family Houses. The Health Referents were also trained in first aid by Cambodia Red Cross as well as different themes associated with primary health as part of the training offered by Sonofi Cambodia. Lastly, two health experts were trained in child mental health issues through the expertise of the Eye Movement Desensitization and Reprocessing (EMDR) and basic psychological follow-up with the Transcultural Psychosocial Organization (TPO).

